

# Aquarius

## MENU - week 41

	Monday 08-10-2018	Tuesday 09-10-2018	Wednesday 10-10-2018	Thursday 11-10-2018	Friday 12-10-2018
<b>Meal of the day 1</b>	Mexican peppers stuffed	Chicken in spicy breading	Pork loin chop in thyme breading	Chicken breast in linseed	Grilled pork neck with sauce
	Barley	Roast potatoes with garlic and marjoram	Boiled potatoes	Mashed potatoes	Boiled potatoes
	Beetroot salad with onion	Carrot slaw with raisins	Beetroot salad with sunflower seeds	Cabbage and carrots salad	Beetroot salad with onion
<b>Meal of the day 2</b>	Chicken in sweet chilli sauce	Pork loin rolls with broccoli and cheese in tomato sauce	Pork loin rolls with broccoli and cheese in tomato sauce	A stew of pork ham after hunter with cucumber and sausage	Ground chicken cutlet
	Yellow rice	Mashed potatoes	Rice	Buckwheat with onion	Buckwheat groats
	String bean & radish salad	Red cabbage and apple salad	Zucchini and parsley salad	Red caggage salad with onion and mayonnaise	Coleslaw with pepper
<b>Meal of the day 3</b> *** VEGETARIAN ***	Broccoli and rice fritters with sunflower and corn (veg)	Breton style beans (veg)	Parsley & celery fritters (veg)	Quesadilla with veggies (veg)	Vegetables in batter
	Roast potatoes	Rice with mushrooms	Roast potatoes	Peking cabbage & arugula salad	Roast potatoes
	Cabbage & corn salad	White cabbage slaw	Kohlrabi & cucumber salad		Mixed salad with 0% yoghurt
<b>Grill - Live cooking</b>	Grilled pork with sauce on the Gypsy	Beef burger Deluxe	Pork knuckle with fried cabbage	Chicken "Cacciatore"	Baltic Cod grilled with mixed herbs
<b>Macaroni</b>	Pasta carbonara	Pasta with chicken and spinach	Rigatoni with minced meat	Chinese noodles with chicken	Pasta with ham and mushrooms
<b>Soup</b>	Sorrel soup with egg (veg)	Cream of vegetable soup (veg)	Pumpkin & coconut milk soup	Pepper soup (veg)	Brussel sprouts soup (veg)
	Barley groats & vegetable soup	Sour cucumber soup	Potato soup with bacon	Sauerkraut soup	Broth with noodles
<b>Mains</b>	Mexican peppers stuffed	Chicken in spicy breading	Pork loin chop with mushrooms	Chicken breast in linseed	Grilled pork neck with sauce
	Enchilada with chicken in spicy cheese sauce	Pork loin rolls with broccoli and cheese in tomato sauce	Grilled chicken with tomato and mozzarella cheese	A stew of pork ham after hunter with cucumber and sausage	Gypsy style chicken leg with prunes
	Chicken in sweet chilli sauce	Pork in caramel with blackcurrants	Stewed beef cheeks	Ground beef steak with tomato, onion, cheese and poached eye	Ground chicken cutlet
	Broccoli and rice fritters with sunflower and corn (veg)	Breton style beans (veg)	Parsley & celery fritters (veg)	Quesadilla with veggies (veg)	Vegetables in batter
Pollock in beer batter	Fish cutlet with vegetables	Fish in batter	Grilled rockcod fish	Hake saute	
<b>Vegetarian</b>	Vegetarian pot with beans, sweet corn, lentils and vegetables	Potato stuffed with vegetables & cheese (veg)	Aloo gobi (cauliflower, potatoes, tomatoes, peas) (veg)	Aromatic Thai curry with cauliflower (veg)	Vegetable gratin (veg)
<b>Others</b>	Roast chicken with apples in honey and chilli	Pierogies stuffed with meat (8 pcs)	Pierogies stuffed with cabbage (8 pcs)	Pierogies stuffed with buckwheat and cottage cheese (8 pcs)	Roast chicken with apples in honey and chilli
	Pancakes stuffed with sweet cheese and peach	Chocolate pancakes with sweet cheese	Pancakes stuffed with sweet cheese and banana	Chocolate pancakes with sweet cheese and cherries	Pancakes with sweet cheese and orange
	Pancakes with apples	Pancakes with apples	Apple fritters	Pancakes with apples	Pancakes with apples
<b>Salads</b>	Cabbage & corn salad	White cabbage slaw	Gypsy cabbage salad	Cabbage and carrots salad	Coleslaw with pepper
	Beetroot salad with onion	Carrot slaw with raisins	Beetroot salad with sunflower seeds	Carrot & apple salad	Beetroot salad with onion
	Young cabbage with dill	Peking cabbage & corn salad	Kohlrabi & cucumber salad	Peking cabbage & arugula salad	Salad with leek and carrot and apple in cream
	Swedish Salad	Red cabbage and apple salad	Zucchini and parsley salad	String bean & radish salad	String bean salad
	String bean & radish salad	Celery salad	Sauerkraut salad	Red caggage salad with onion and mayonnaise	Mixed salad with 0% yoghurt
<b>Salads</b>	Salad with smoked chicken and orange	Salad with typu feta cheese	Salad with broccoli, radishes and corn with yogurt sauce	Celery salad	Chef's salad with chicken and croutons
	Pumpkin & augurula salad	Fruit salad	Salad with tuna	Avocado, pomegranate and pork	Kale salad
<b>Vegetables</b>	Spinach	Carrots and peas	Spinach	Carrots and peas	Spinach
	Mixed vegetables	Mix of steamed vegetables	Broccoli, cauliflower & corn	Cauliflower with breadcrumbs	Mixed vegetables
	Brussels sprouts	Broccoli with sunflower seeds	Carrot with sesame seeds	Brussels sprouts	Yellow beans with breadcrumbs
	Cauliflower with garlic, parsley & crumbs	Yellow beans with breadcrumbs	Mixed vegetables with sunflower seeds	Mixed veggies with roasted pumpkin seeds	Mini carrots with sesame seeds
<b>Sides</b>	Boiled potatoes	Mashed potatoes	Boiled potatoes	Mashed potatoes	Boiled potatoes
	Roast potatoes	Roast potatoes with garlic and marjoram	Roast potatoes	Roast potatoes with garlic and marjoram	Roast potatoes
	Yellow rice	Rice with mushrooms	Rice	Bulgur wheat	Rice
	Kus kus	cous cous	Bulgur wheat	Buckwheat with onion	Buckwheat groats
	Dumplings	Barley	Dumplings	Dumplings	Dumplings