

	Monday 08-10-2018	Tuesday 09-10-2018	Wednesday 10-10-2018	Thursday 11-10-2018	Friday 12-10-2018
Soup	Spicy cheese soup (veg)	Vegetable soup (veg)	Tomato soup with millet (veg)	Parsley & celery cream soup with carrot chips (veg)	Pumpkin & coconut milk soup
	Mushroom soup	Polish 'zurek' soup	Goulash soup	Sauerkraut soup	Fish soup
Worm dish	Pork loin chop with mushroom & cream sauce	Enchilada with chicken, broccoli, corn and tomato&bean sauce	Hamburger with cheddar cheese, cucumber, red onion, lettuce and tomato	Grilled chicken breast marinated in yogurt with fresh vegetables	Grilled salmon with mango salsa , tomato and cucumber
Mains	Chicken breast in crispy shell	Pork chop breaded in red	Chicken cutlet with chopped carrots and zucchini	Cordon bleu in corn flakes	Chicken in spinach batter
	Pork meatballs in mushroom sauce	Chicken with chilli chatney, arachid nuts and pepper	Pork neck with poached egg	Pork in mushroom sauce	Chicken liver with onions and mushrooms
	Roast of pork in gravy	Chicken curry with yams, beans and pepper	Potato gratin with meat	Breton beans in tomato sauce	Pork steak with onions
Macaroni	Pennete pasta in cream sauce with salami	Penne carbonara	Diced pork,fried with onion	Farfalle pasta with eggplant, tomatoes, capers and pork	Tagliatelle with chicken, mozzarella and tomato-caper sauce
Fish	Fish Hungarian style	Hake roasted with tomatoes and slices of lemon	Fish in Greek way	Hoki in sunflower seeds breading	Fish cutlet with vegetables
Vegetarian	Cauliflower coated in sweet chili sauce (veg)	Aloo gobi (cauliflower, potatoes, tomatoes, peas) (veg)	Vegetable risotto with fresh herbs (veg)	Spicy breaded camembert	Beans with rice, ginger&cinnamon in tomato sauce (veg)
Dumplings	Pierogies with white cheese&potato	Pierogies stuffed with spinach	Pierogies stuffed with meat	Dumplings with potatoes and mushrooms	Pierogies with white cheese&potato
Sweet	Cheese pancakes with redcurrant	Pancakes with vanilla cheese and cranberry	Pancakes with vanilla cheese and nuts	Pancakes with cheese and banana	Pancakes with apples
Salad	White cabbage salad with cucumber and tomato	Red cabbage slaw	White cabbage with corn, leek and parsnip	Coleslaw with leek	White cabbage with pickled cucumbers and apple
	Red caggage salad with onion and mayonnaise	Sauerkraut salad	Red cabbage salad with red onions	Carrot & celery salad	Sauerkraut salad
	Celery salad	Chinese cabbage with pumpkin & apple	Slaw with white and red cabbage	Leek & apple salad	Carrot & apple salad
	Carrot salad with cranberry	Pickled cucumbers, colorful peppers and onions	Tomatoes and onions	Chinese cabbage salad, kohlrabi, red onion and peppers	Swedish Salad
Vegetables	Spinach	Spinach	Spinach	Cooked beetroot (veg)	Spinach
	Broccoli with sunflower seeds	Fried cabbage	Mushrooms in soy sauce	Carrot duo with bread crumbs and linseed	Italian style veggies (green beans, carrot, zucchini & corn)
	Cooked beetroot (veg)	Carrots and peas	Mixed vegetables with breadcrumbs	Fried cabbage	Cauliflower with garlic, parsley & crumbs
Others	Boiled potatoes	Potatoes from water with dill butter	Potatoes from water with dill butter	Boiled potatoes	Boiled potatoes
	Rice	Rice with vegetables	Rice	Rice with mushrooms	Rice
	Barley groats with green beans and carrot	Barley groats with mushrooms and onions	Buckwheat with onion	Bulgur grits in Turkish	Barley